



# PRE-SCHOOL DAILY SCHEDULE

The following is an example of the daily schedule for the pre-school room. Please check with the teacher for actual posted schedule.

7:30 a.m. – 8:30 a.m.	Centre opens, breakfast/sensory/group play
8:30 a.m. – 9:15 a.m.	Drop kids to school Tidy up group play activities Set up planned program activities
9:15 a.m. – 10:00 a.m.	Planned program time
10:00 a.m. – 10:30 a.m.	10 minute circle 10 minute washroom routine 10 minute dressing for outdoors
10:30 a.m. – 11:30 a.m.	Outdoor activities
11:30 a.m. – 11:45 a.m.	Hang up coats/boots Wash hands for lunch
11:45 a.m. – 12:30 p.m.	Lunch
12:30 p.m. – 2:30 p.m.	Sleep time
2:30 p.m. – 2:45 p.m.	Put beds away Washroom routine
2:45 p.m. – 3:45 p.m.	Planned program activities
3:45 p.m. – 4:00 p.m.	Washroom routine
4:00 p.m. – 4:30 p.m.	Afternoon Snack
4:30 p.m. – 5:30 p.m.	Afternoon outdoor time
5:30 p.m. – 6:00 p.m.	Group play Tidy up Close centre

**During inclement weather (unable to go outdoors), gross motor activities will be in the classroom or in the schoolage room with gross motor equipment (ex. Balls, riding toys, hula-hoops, etc)**