

BOULTON AVENUE CHILDCARE CENTRE

INFANT DAILY SCHEDULE

The following is an example of the daily schedule for the infant room. Please check with the teacher for actual posted schedule.

7:30 a.m. – 9:00 a.m.	ARRIVAL/SNACK <ul style="list-style-type: none"> • Receive children, greet parents, discuss Daily Information Sheet, record and relay any messages to and from the parents and staff. • Assist parents during separation, playroom set up. • Serve snack based on individual needs and parent requests. • Diaper changes are carried out through the day as needed.
9:00 a.m. – 10:00 a.m.	MORNING PLAYROOM <ul style="list-style-type: none"> • A variety of activities and equipment are offered to meet individual needs and goals and to incorporate all developmental areas. • A weekly program plan is posted in the room and posted outside the room for parents to view.
10:00 a.m. – 11:00 a.m.	OUTDOOR PLAY <ul style="list-style-type: none"> • The infants are involved in a variety of experiences. • Neighbourhood excursions (depending on inclement weather conditions).
11:00 a.m. – as needed	LUNCH PREPARATION <ul style="list-style-type: none"> • Lunch time is based upon individual needs and schedule. • The menu is based on the posted menu and parental requests.
Early Afternoon	SLEEPTIME/PLAYROOM <ul style="list-style-type: none"> • Sleep time occurs as needed throughout the day, based upon individual needs and schedules. • All infants sleep in their own designated cribs. • Each child's sleep patterns are recorded on their cribs (ie. tie pacifiers, blankets, sleeping position, relaxation techniques, etc.) • Infants that are not sleeping at this time are involved in playroom and/or may go outside for outdoor experiences, (depending on the weather and conditions).
2:30 p.m. – 3:30 p.m.	SNACK <ul style="list-style-type: none"> • Snack should be served to infants based on their individual needs and schedules and parental requests.
3:30 p.m. – 6:00 p.m.	AFTERNOON PLAYROOM/DEPARTURES <ul style="list-style-type: none"> • Playroom experiences are carried out according to posted plan. • Parents are encouraged to bring bottles home nightly for washing and sterilization. • Parent/staff communication takes place and the parent receives the Infant Daily Chart. • Our parents are encouraged to be involved in the program as much as possible.

NOTES:

- Diaper changes are to be carried out based upon individual needs. They are to be done approximately every 2 hours, before and after an infant goes to sleep and as required.
- Bottles are given based upon individual schedules.
- Sleep patterns may vary greatly and individual needs are met at all times throughout the day.

*During Inclement weather gross motor play will be in the classroom and children engage in gross motor during scheduled outdoor play on rooftop playground (12:30 pm-1:30 pm).